

L.R Interpersonal
Spring 2009
Collage Outline

Opening

- I. They say that a stranger is a friend waiting to happen.
- II. That is why I am going to share a little about myself with you today.
- III. The collage presentation will allow you to see me through the eyes of others and how I sometimes see myself.
 - A. Some of the image are pretty easy to decipher, other are not.
 - B. To accurately convey others perceptions of me I will explain what each picture represents.

Feed Forward

- I. The images on the collage were chosen by four of my closest friends, Iset, Tina, Kristine and Hector.
- II. I will explain the images in each square and their meanings.
- III. At the very end, I will share with you my hidden self, at the center of my collage.

Business

- I. Having known **Iset** for tens years she is one of my closest friends, even though she lives millions of miles away in NY.
 - A. The measuring cup represents how I can be particular.
 1. She says I have certain standards of the way things should be.
 2. She also said that I hold people to standards as to the way that they should behave.
 3. But she also said I have learned to be a little more lenient.
 - B. The gift box represents my thoughtfulness.
 1. I take time to create gifts that come from the heart.
 2. I show affection by giving.
 3. What I don't communicate with words, I communicate with actions.
 - C. The ladybug represents the things I take joy in.
 1. I find happiness in small things.
 2. Cooking up new recipes makes me very happy.
 3. Buying things in my favorite color brings is one of my favorite things to do.
 4. I always enjoy discovering a new restaurant.
 - D. The chicken hatching out of its egg represents my introvertedness.
 1. She said that I am at a point in my life where I am beginning to crack at the eggshell holding me in.
 2. She also said that I am at a period of exponential growth.
 3. I am getting to know, accept, and love myself.
 - E. The road leading to the sun represent my journey.
 1. She said that she can see that I am starting a journey that will lead me to sunlight or happiness.
 2. She said that I am trying to figure out my career options which are decisions that will shape the route I take.
 3. I am still in the beginning and cannot picture the end or the road yet.
- II. My friend **Kristine**, was my lab partner three years ago, but is now a very close friend who also lives on the east coast.
 - A. The word thoughtful is representative of my own thoughtfulness.
 1. I always think of others needs before my own.
 2. I am considerate of other peoples feeling and situation.

- B. The dog represents my loyalty.
 - 1. I am a very loyal friend.
 - 2. I expect my friends to be loyal in return.
 - 3. I am very selective as to who I let into my life.
 - C. The two women talking represent the type of friend that I am.
 - 1. When we firsts met, we hit it off right way and couldn't stop talking.
 - 2. She said that I am a trustworthy friend.
 - 3. As a friend you can count on me to keep my word.
 - D. The chef represents my love of food.
 - 1. I taught Kristine how to cook by explaining cooking as chemistry experiment.
 - 2. Cooking is one of my favorite past times.
 - 3. I have a secret wish to go to cooking school.
 - E. The hiding spider represents my personality.
 - 1. Shyness is one key characteristic t of who I am.
 - 2. I am a very private person even with my family.
 - 3. You have to get to know me before I open up.
- IV. I met **Tina** in microbiology four years ago.
- A. The heart represents my loving character.
 - 1. While Tina is out of town I lovingly care for her cats.
 - 2. Tina is inspired to be a better daughter by my love for my mother.
 - B. The picture of food represents again my love of food.
 - 1. Tina and I love dine out.
 - 2. Much of the time I spend with Tina involves cooking yummy food.
 - C. The boy with the open brain represents my open-mindedness.
 - 1. I listen to the crazy stories she tells me without being judgmental.
 - 2. I accept my friends for who they are.
 - D. The happy face is suppose to represent my "normal" character.
 - 1. Being normal involves having little drama in life.
 - 2. Being a "normal person allows her to feel comfortable around me.
 - E. The binoculars represent my observant character.
 - 1. Tina says I always look at the whole picture not just at a part of it.
 - 2. My opinions are not biased.
 - F. The Bee holding a "Be Responsible" sign is indicative of my responsible nature.
 - 1. I am always conscious of my actions.
 - 2. Being wasteful is not part of my nature.
 - 3. Playing the victim or blaming others is not who I am.
- IV. **Hector** has been a part of my life for three years, he is one my old co-workers that I still keep in touch with.
- A. The outdoors explains my love of nature.
 - 1. One of my favorite past times includes going to the beach.
 - 2. I have a green thumb for gardening.
 - 3. He said I am the type of person to enjoy a picnic in the outdoors.
 - B. The dollar is symbolic of my relationship with money.
 - 1. My attitude about money has allowed me to make smart financial choices.
 - 2. My spending habits are not wasteful.
 - 3. I have managed to survive on my savings for five months without having to work.
 - C. The steak represents my indulgences.

1. I am willing to pay for an expensive meal if it is absolutely delicious.
2. I am willing to pay for a pricey perfume if it is truly a wonderful scent.
3. I believe that every once in a while we deserve to indulge ourselves with our favorite things.

D. The Ugly Betty reminds Hector of me.

1. Hector said that when going out, I clean up pretty well.
2. I always make an effort to look decent when hanging out with him.
3. Just like Ugly Betty, I am beginning to break out of my shell.

E. The Harajuku Lovers heart represents my girlyness.

1. I love all things pink.
2. I love all things cute.
3. Harajuku Lovers bags are my favorite.
4. One day I would like to visit Japan to see the real Harajuku lovers.
5. I took a Japanese class to prepare for that visit.

V. My hidden self is covered up by a layer of wax, parchment, and white paper in the center of the poster.

A. The black and white scheme represents the excitement I feel my life is lacking.

1. I have a tendency to be a little anal retentive.
2. However my four friends bring color into my life on a daily basis.
3. I strongly believe in surrounding yourself with people who can help you see life's rainbow.

B. The question marks represent all the uncertainty that I feel about life.

1. Millions of questions run through my mind on a daily basis.
2. I wonder about the person that I will spend the rest of my life with.
3. I wonder if I will ever own a home.
4. I wonder if I will become an optometrist, a nurse, or a chef.
5. I feel like life is full of unanswered questions.

C. The cactus represents my complex.

1. There is an expression in Mexico that says "You have the cactus on your forehead", meaning that you are obviously Mexican.
2. I feel that when people see me, they automatically stereotype me as having an indigenous Mexican appearance.
3. Certain days I am comfortable being that girl because I feel she is exotic.
4. Some days I feel uncomfortable with my Medium Brown Girl complex.

D. The perfume bottle represents my search for the perfect man.

1. I LOVE perfumes.
2. I was once told that in the old-n-days only men were allowed to give women perfume.
3. I wait for the man that who willing buys me my favorite scents without my having to ask.
4. He will know my likes, dislikes without me having to explain myself.

E. The woman in the black suit represents who I want to be.

1. My goal is to become a working professional.
2. My dream is to be financially stable through my profession.
3. Through financial stability I wish to build a better life for my family.

F. The running shoes are my de-stressors.

1. One of my current goals is to run a marathon.
2. I currently signed up for a half marathon in San Francisco.
3. Running gives me a sense of accomplishment on a regular basis.

G. Finally the steps in the sand represent how I try to take one day at a time.

1. Taking my time to get things done allows me to do things properly.
2. Taking one step at a time helps me enjoy life without stressing out.

Feedback:

- I. This collage project gave you an inside look at the open self that others see on a regular basis.
- II. Every person who I asked to participate in this project is a very close friend of mine, so they gave you an accurate description of who I am.
- III. You also had a chance to see the private me that maybe even my friend might not know.
- IV. This exercise showed me that I need be more introspective as to the person that I am.
- V. I need to be an active listener with my friends so that I can improve myself.

Closing

- I. Most of the things that my friends perceive me as are right on with whom I am.
- II. At the beginning of my friendships with these people, I was a stranger to them.
- III. I hope that by sharing my hidden self I became less of stranger in your eyes.