

Interpersonal Communication
Feedback Fall 2009 SMC

Most Helpful Assignment

Final Group Presentation really brought all the class concepts we learned together. **Rebecca B.**

Our first speech of introduction helped learn about our classmates by telling what meant the most to each of us. **Monica L.**

Collage helped me learn a lot about my fellow classmates. **Leiya K.**

Most Important Survival Tool

No defense. Silence is used as a weapon and creates a wall when we are rushed. I learned a lot from the group reading presentations which helped me overcome some of my bad habits.

Clearing up is the process which facilitates letting go of stuff. I have gone a long time trying to resolve various problems that were happening in my relationships with others to avoid fighting. Now, I can clear old hurts without creating new emotional baggage. **FM**

Accountability. I have realized that I mess up sometimes and the best way to make amends is to be upfront and honest. It not only saves time from anger but allows the healing process to happen. **Mike**

Language that doesn't work. We learned about not using words like "never" and "always" because it isn't true and it doesn't work when speaking with people. For instance, my younger siblings are a bit messier than I am. In the past, I would say, "You never clean your room!" He would just respond, "Well if I never do then I will not do it now!" I have learned to use more effective phrases, "Please clean up your room." Oddly enough it works. **Shoshana G.**

Biggest Change you have experienced as a result of this class

My friends have told me I am not a better communicator. **Rebecca B.**

I was able to overcome my shyness. **Mina B.**

I became more comfortable speaking to people one on one. **Leiya K.**

I now try to be aware of my actions in my relationships with others. **Kendra P.**

I have learned how to organize my thoughts on paper to make sense not only to myself but to everyone else. I discovered a way to tap my creativity, improve my writing, organizational & research skills. **Leonor R.**

Advice for New Student

Attend each class because there is valuable information to learn each meeting. **Rebecca B.**

It may seem like a lot of work, but in the end you learn about yourself and better interpersonal techniques. **Monica L.**

Be sure to turn all assignments in on time and follow the teacher's advice. **Mina B.**

Keep up with the readings. **Kendra P.**

I learned a lot just from listening to lectures. Romy G.