

Greatest Achievement Speech #1

50 Point Value

Time Limit: 3-4 minutes

2 note cards maximum

Objective: Describe one particular event that you felt was a great achievement

This one event will be your specific goal.

Specific Goal: Swimming defines me.

Suggested topics:

(Sports, community involvement, religion, travel, family etc.)

Describe two characteristics that helped you achieve that goal.

Sample Outline

Specific Goal: Swimming defines me

Thesis: Dedication and determination were key to my success in swimming.

Introduction

- I. Attention Getter: I began swimming as early as age three.
- II. Specific Goal: Swimming defines me.
- III. Today I will share the dedication and motivation I learned.

Body

I Dedication was the first skill.

- A. Swimming involves facing your fears.
 1. I didn't like to get my face wet.
 2. Back stroke became my favorite stroke.
- B. All sports involve turbulence.
 1. Starting out there was lots to learn
 2. The longer you participate in a sport the older the progress is limited.

II Motivation was the second skill

- A. I swam twice a day.
 1. 5am in the morning as well at 5pm in the evening.
 2. We swam regardless of the weather
- B. I learned priorities were critical.

1. Homework needed to get done before I slept.
2. Eating the right foods became important as well

Conclusion

- I. Today I discussed how swimming taught me dedication and motivation.
- II. Swimming defined the person I have become.
- III. It all began back at age 3 when I first entered the pool.